

@ JoyfulDanish

PRESENTATION DECK

FOR CRYPTO INVESTORS

&

CRYPTO FOUNDERS



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Overview

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Improving Crypto Investors' Health with Psychomotor Therapy

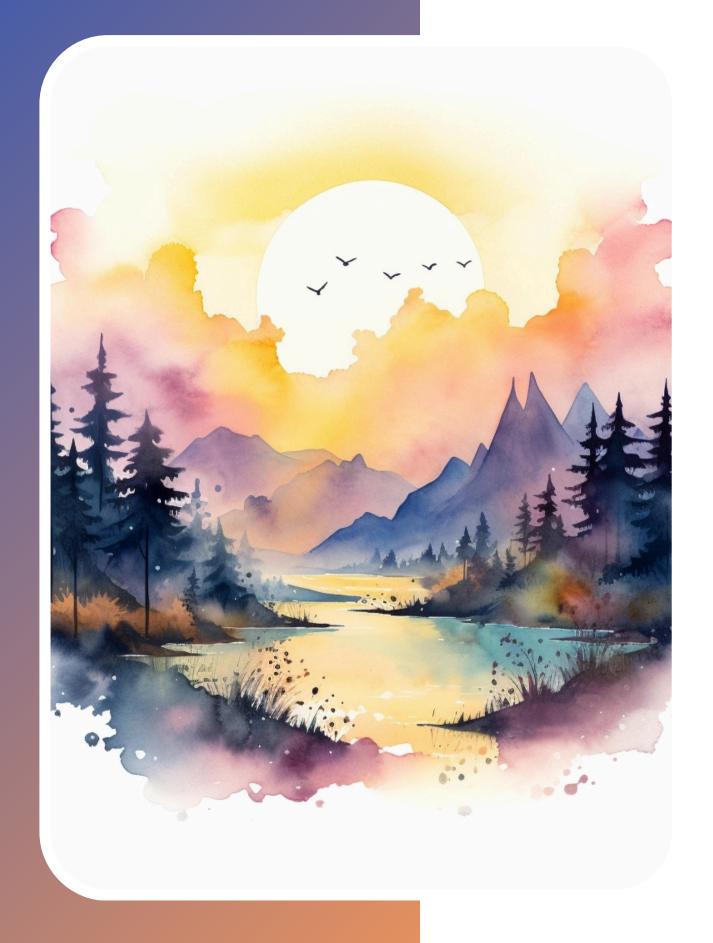


A Holistic Approach by Daniel Loekkegaard

- Psychomotor Therapist since 2021
 - Crypto investor since 2018
- Combines professional therapy expertise with personal crypto experience
- Understands the unique challenges faced by crypto investors & founders







Background

Psychomotor Therapy

- Government-approved discipline with a 3.5-year bachelor's degree program, originated in the 1940s in Denmark.
- Expand Expanded to over 29 countries worldwide.

Evidence-based

Evidence-based approach supported by scientific studies.

Body and mind

Focuses on the connection between body and mind.



The problem



Crypto Investors / Crypto founders face unique challenges:

- Stress from market volatility
- Loneliness in the crypto journey
- Difficulty translating crypto knowledge to non-investors
- Poor sitting posture and lack of movement
- Poor sleep patterns
- Emotional rollercoasters during bull and bear markets







Common stress signs

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Physical:

- Headaches, heartpalpitations, shaking hands- Chest pressure, stomachpain, frequent urination



Psychological:

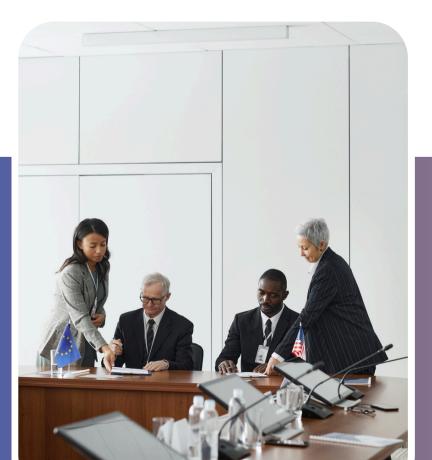
- Fatigue, inner turmoil, memory problems
- Difficulty concentrating, irritability, anxiety



Behavioral:

- Insomnia, hyperventilation, reduced performance
- Increased use of stimulants,
 changed dietary habits











of The solution

Online Psychomotor Therapy for Crypto Investors & crypto founders

- Tailored approach combining physical exercises and mental reflection
- Addresses both physical and psychological aspects of health
- Helps develop coping strategies for market-related stress
- Improves body awareness and stress management techniques
- Promotes better sleep quality and overall well-being







The offer

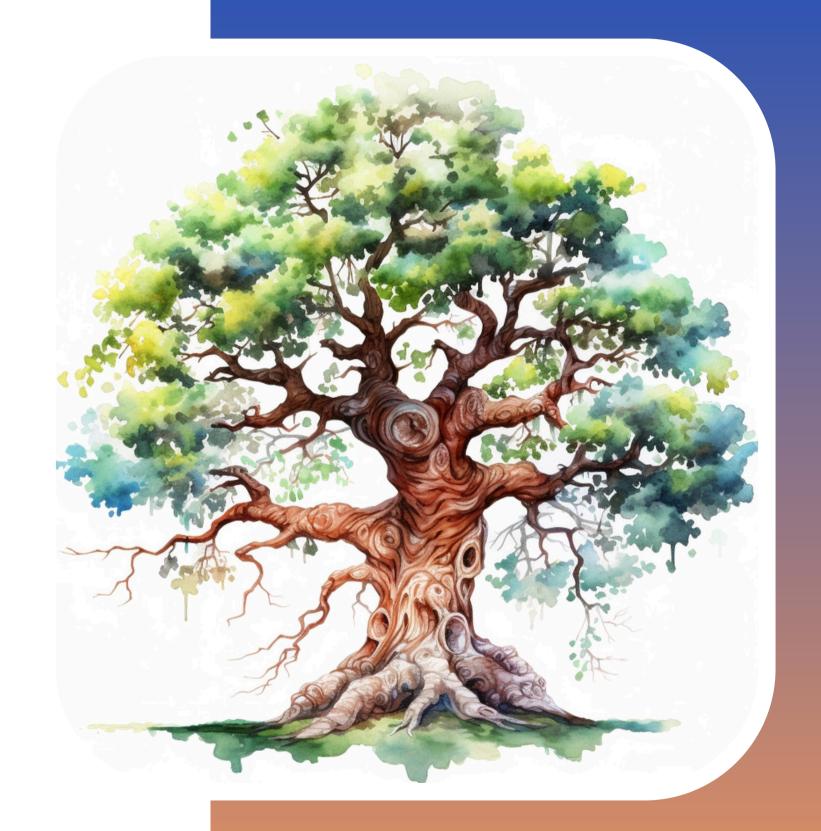
Become a cliente online and get the"Crypto Investors Health Handbook" for free!

- Over 200+ pages of valuable insights and exercises
- Topics include:
- Bear and bull market stress management
- Sleep improvement techniques
- Mind and emotional state awareness
- Ergonomic guidance for traders
- Crypto security and scam prevention
- Personalized therapy sessions available



Benefits

- Reduced stress and anxiety related to crypto investing
- Improved sleep quality and overall health
- Enhanced focus and decision-making abilities
- Better work-life balance
- Increased resilience during market volatility



Testimonials



"Daniel is a kind and empathetic person who genuinely cares about others. His solution-oriented approach ensures that conversations are both supportive and constructive. You can always count on him."

Trustpilot

"I've known Daniel for a few years now. He has always been a great support psychologically, mentally and spiritually. I always reach out to him when I need advice."



- Rose



Make contact



03

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