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PRESENTATION DECK



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Improving Crypto Investors' Health with Psychomotor Therapy



A Holistic Approach by Daniel Loekkegaard

- Psychomotor Therapist since 2021
 - Crypto investor since 2018
- Combines professional therapy expertise with personal crypto experience
 - Understands the unique challenges faced by crypto investors



Background

Psychomotor Therapy

01

Government-approved discipline with a 3.5-year bachelor's degree program, originated in the 1940s.

02

Expand

Expanded to over 29 countries worldwide.

03

Evidence-based

Evidence-based approach supported by scientific studies.

04

Body and mind

Focuses on the connection between body and mind.

The problem



Crypto Investors Face Unique Challenges:

- Stress from market volatility
- Loneliness in the crypto journey
- Difficulty translating crypto knowledge to non-investors
- Poor sitting posture and lack of movement
- Poor sleep patterns
- Emotional rollercoasters during bull and bear markets



Common stress signs

01

Physical:

- Headaches, heart palpitations, shaking hands
- Chest pressure, stomach pain, frequent urination

02

Psychological:

- Fatigue, inner turmoil, memory problems
- Difficulty concentrating, irritability, anxiety

03

Behavioral:

- Insomnia, hyperventilation, reduced performance
- Increased use of stimulants, changed dietary habits



01 The solution

Online Psychomotor Therapy for Crypto Investors

- Tailored approach combining physical exercises and mental reflection
- **Addresses both physical and psychological aspects of health**
- Helps develop coping strategies for market-related stress
- **Improves body awareness and stress management techniques**
- Promotes better sleep quality and overall well-being





The offer

Become a cliente online and get the “Crypto Investors' Health Handbook” for free!

- Over **100** pages of valuable insights and exercises
- Topics include:
 - Bear and bull market stress **management**
 - Sleep **improvement** techniques
 - Mind and emotional state **awareness**
 - Ergonomic **guidance** for traders
 - Crypto **security** and scam prevention
 - **Personalized** therapy sessions available

Benefits

- Reduced **stress** and **anxiety** related to crypto investing
- Improved **sleep quality** and overall health
- **Enhanced** focus and decision-making abilities
- **Better** work-life balance
- Increased **resilience** during market volatility



Testimonials



“Daniel is a kind and empathetic person who genuinely cares about others. His solution-oriented approach ensures that conversations are both supportive and constructive. You can always count on him.”

- Daniel Laursen

“I’ve known Daniel for a few years now. He has always been a great support psychologically, mentally and spiritually. I always reach out to him when I need advice.”

- Rose





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Make contact

01

Book a free call



Book a free clarity call here

02

Pay with crypto



Pay with Paypal, Bank transfer and BTC, ETH, DAI.

03

Book a session



Book online sessions here

04

Get a free handbook



Over 100 pages about crypto investors mental health! (Only for clients).



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THANK YOU

