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PRESENTATION DECK



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Overview Introduction

- **The problem**
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Improving Crypto Investors' Health with **Psychomotor Therapy**



A Holistic Approach by Daniel Loekkegaard

- Psychomotor Therapist since 2021 - Crypto investor since 2018

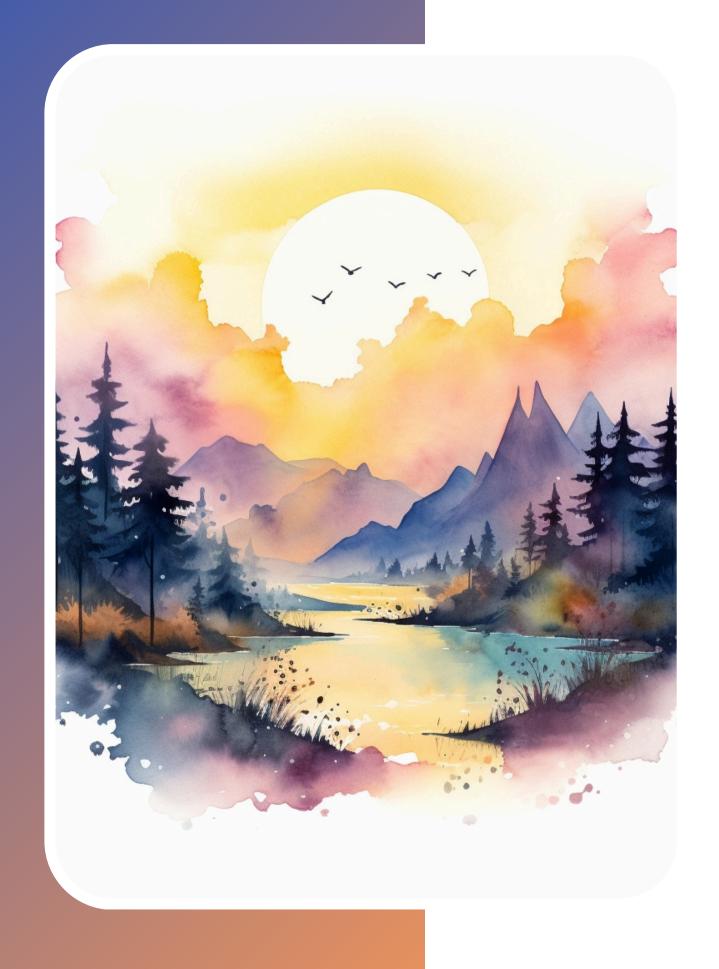
- Combines professional therapy expertise with personal crypto experience

- Understands the unique challenges faced by crypto investors





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Background

Psychomotor Therapy

Government-approved discipline with a 3.5-year bachelor's degree program, originated in the 1940s.

Expand

Expanded to over 29 countries worldwide.

Evidence-based

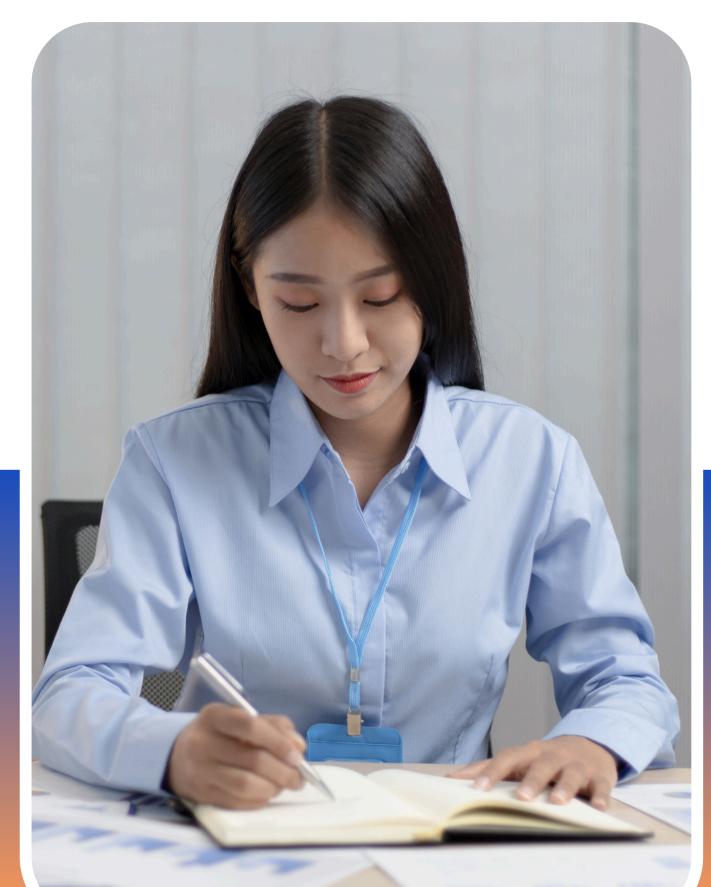
Evidence-based approach supported by scientific studies.

Body and mind

Focuses on the connection between body and mind.

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Crypto Investors Face Unique Challenges:

- Stress from market volatility
- Loneliness in the crypto journey
- Difficulty translating crypto knowledge to non-investors
- Poor sitting posture and lack of movement
- Poor sleep patterns
- Emotional rollercoasters during bull and bear markets





Common stress signs



Physical:

- Headaches, heart palpitations, shaking hands - Chest pressure, stomach pain, frequent urination

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Psychological:

- Fatigue, inner turmoil, memory problems - Difficulty concentrating, irritability, anxiety









Behavioral:

- Insomnia, hyperventilation, reduced performance

- Increased use of stimulants, changed dietary habits



on The solution

Online Psychomotor Therapy for Crypto Investors

- Tailored approach combining physical exercises and mental reflection
- Addresses both physical and psychological aspects of health
- Helps develop coping strategies for market-related stress
- Improves body awareness and stress management techniques

- Promotes better sleep quality and overall well-being





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The offer

- exercises
- Topics include:
- Bear and bull market stress management - Sleep improvement techniques
- Mind and emotional state awareness
- Ergonomic guidance for traders
- Crypto security and scam prevention
- Personalized therapy sessions available

- **Become a cliente online and get the "Crypto** Investors' Health Handbook" for free!
- Over 100 pages of valuable insights and



Benefits

- Reduced stress and anxiety related to crypto investing
- Improved sleep quality and overall health
- Enhanced focus and decision-making abilities
- Better work-life balance
- Increased resilience during market volatility



Testimonials



"Daniel is a kind and empathetic person who genuinely cares about others. **His solution-oriented approach** ensures that conversations are both supportive and constructive. You can always count on him."





- Daniel Laursen

"I've known Daniel for a few years now. He has always been a great support psychologically, mentally and spiritually. I always reach out to him when I need advice."

- Rose



Make contact



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Pay with crypto

02



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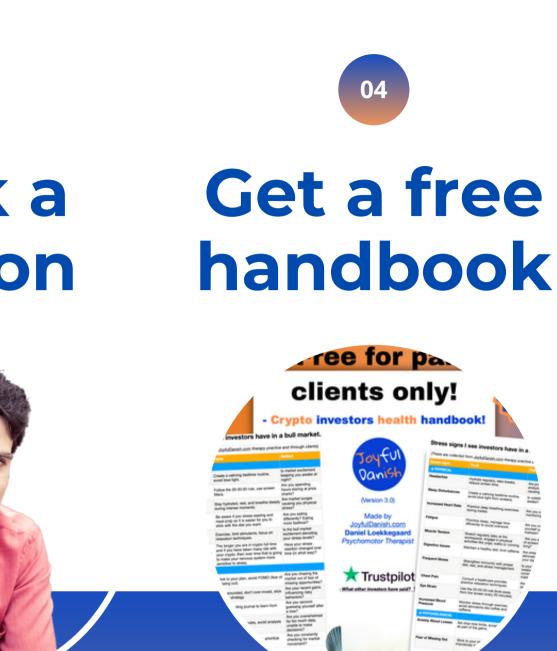




<u>Book a</u> free clarity call here

<u>Pay with</u> <u>Paypal, Bank</u> <u>transfer and</u> <u>BTC, ETH, DAI.</u>

<u>Book online</u> <u>sessions</u> <u>here</u>



Over 100 pages about crypto investors mental health! (Only for clients).



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THANKYOU





